GET TO KNOW YOUR CAREER CENTRE

Did you know that services at the Career Centre are only provided to current and graduated Telfer School of Management students? Did you also know that the Telfer School of Management is the only faculty that has its own Career Centre? Well, now you do! It is time to take advantage of these useful resources. Throughout the year, the Career Centre offers FREE individual consultations, networking events, workshops and clinics. If you would like to know more about the services provided at the Career Centre, feel free to come and talk to our Ambassador Team this year. On behalf of the Career Centre and the Telfer School of Management, we would like to wish you all a great semester!

TIPS FROM AMBASSADORS

Here are some tips on “Things I wish I knew in my first year” from our ambassadors:

"Get involved with Telfer from the start by joining clubs as a member, or a first year rep. It grows your network and helps you transition into university by having support from upper-year students who have experienced the same thing.” – Kasia Palkowski

“Find an activity or hobby (such as running) that helps you relieve your stress.” – Lindsay Armstrong

“Involve yourself with initiatives that are driven by the same things you are. Join a student-led club (or start your own), attend networking events, take advantage of Career Centre workshops. Your experience at Telfer is what you make of it.” – Naomi Haile

“I wish I knew how essential going to networking events/conventions was to meeting contacts!” – Taylor Depper

“Not to buy textbooks new unless absolutely necessary...” – Sundus Abu-Oshaibah

“Go to your professor's office hour! Do not be afraid to ask them questions. Sometimes, they might give you hints to your assignment.” – Tran Truong

“I find the clubs also have cool events that are a good opportunity to meet classmates and employers, and the competitions are a great way to meet people as well. So get involved early is something I wish I knew in first year.” – Philip Niwinski
BACK-TO-SCHOOL TIPS

By Sundus Abu-Oshaibah

For some of you who are entering university for the first time, I am sure you have come to realize that it is a huge jump from high school. The transition from high school to university is challenging, so we have provided you with some tips to ensure your first year goes as smoothly as possible.

Keep up with your classes. Prepare properly. Do class readings BEFORE class. The more preparation you do, the more you will enjoy the course and the better your grades will be. It really is that simple. It is recommended that for each hour you spend in class you should study approximately two hours. Going to class is only the beginning; the real work begins afterwards!

Get to know your professors. Visit your professor during their office hours and talk, even when you don’t have a specific question. These relationships will help you grow and also will help when you need a recommendation after graduation.

Get involved. Being active on campus will not only help you perform better academically, but also allow you to expand your social circle.

Visit the Career Centre often. Workshops, networking events, and individual appointments will help you figure out what options you have for your future.

Take care of yourself. Studying is just one part of who you are – make sure you get enough sleep, stay active, eat well, enjoy your friends and family, go outside and relax.

Take advantage of academic support provided by the University. The Student Academic Success Service (SASS) offers mentoring for certain classes, and the Academic Writing Help Centre will help you shape your paper.
Interview Clinic

BY SIMONE ALBERT

It is that time of the year again where Telfer earned its reputation of always being "business casual"; it is recruiting season! Others see us as strutting our stuff down the halls in our fancy suits, when really, the fine line between power walking and running around from information meeting to class to office tour has been crossed.

In addition to the startup of school, the worry about co-op sessions and interviews is a looming one that can easily be eased by signing up for an Interview Clinic with the Career Centre. Students who have an edge when it comes to landing the dream job, co-op placement or even a future position on a club know the tips and tricks to rocking an interview no matter what is thrown their way.

There are three options for how you can develop your skills: interview workshops, practice interviews, and practice interviews with employers. The first level is the easiest and is as simple as dipping your toes into a pool. Students register for the interview workshop and learn the skills it takes to be prepared for an interview. The workshops take place in groups and are facilitated by knowledgeable Career Centre staff or guest representatives from various companies students would be interested in. It’s a great way to learn without feeling the pressure. If you want to have a bit of a challenge, set up a practice interview with the Career Centre. This will allow you to have a simulation of what an interview for a job you wish to apply for would be like. You will also get feedback from the interviewer on what your strengths were and what you could improve on for the real thing. The last option, and what I’d compare to doing a cannonball into the pool, is a practice interview with employers. This concept sounds daunting, but I assure you that the selected employers are all friendly and will give you helpful feedback on your performance. I personally have had the opportunity to sit down in front of a professional for a practice interview and I highly recommend it to you if you get the chance. Make sure you are all the ball and have a high speed Internet connection because all of the options are incredibly popular and spots go fast.

Remember when I said that everyone is dressed in their fancy suits? Make sure you look as sharp as possible, since dressing for success is key! This is especially the case for the last two options.

I hope my tips have been helpful and that you, too, develop the skills to be a master at interviews!
GETTING INVOLVED

BY KAWAL PIRWANI

Benefits of getting involved

No experience is bad experience, that’s something I have realized after my four years of university. Here are reasons why I got involved:

Networking: By joining clubs, you’re able to meet new students, make connections and build relationships that can potentially help you down the line.

Resume: You can put your involvement in clubs on your resume. By joining clubs and associations, you can gain valuable experience that provide you with transferable skills that can be applied in the workplace.

Personal development: Getting involved in clubs allows you to work on personal skills that you want to improve. When I started university, my presentation skills were horrible. Then I joined DECA, which helped me work on my presentation skills, as well as a handful of other skills, such as time management and social skills.

How to get involved: Telfer has a wide range of clubs and associations, from clubs focusing on sending students abroad for international working experiences to clubs that focus on case study competitions.

Check out the Telfer Student Council website to get more information about all the clubs at Telfer:
http://cetsc.ca/telfer-clubs/

If you are interested in other clubs, check out http://sfuo.ca/clubs/clubs-listing/ for all clubs on campus.